

## RINGWOOD SHORT COURSE MEET



**Proposed Qualifying Meet** 

## Sunday 13th August 2023



Greenwood Ave, Ringwood

Session 1 10 lane, 25 metre, short course indoor pool Warm up - 8:00 am Start - 9:00 am

Male Events	Female Events	Age	E	Event
1	2	12/under	100 lr	ndividual Medley
3	4	Open	200 F	Freestyle
5	6	12/under	100 B	Breaststroke
7	8	12/under	50 B	Backstroke
9	10	Open	200 B	Butterfly
11	12	12/under	100 F	reestyle
13	14	12/under	50 B	Breaststroke
15	16	Open	200 B	Backstroke
17	18	12/under	100 B	Butterfly
19	20	12/under	50 F	reestyle
21	22	Open	200 B	Breaststroke
23	24	12/under	100 B	Backstroke
25	26	12/under	50 B	Butterfly
27	28	12/under	200 lr	ndividual Medley
29	30	Open	400 F	reestyle

## **Session 2** Start time will be 45 minutes after the completion of Session 1.

Male Events	Female Events	Age		Event
31	32	Open	400	Individual Medley
33	34	13/over	100	Individual Medley
35	36	Open	200	Freestyle
37	38	13/over	100	Backstroke
39	40	13/over	50	Butterfly
41	42	Open	200	Breaststroke
43	44	13/over	100	Freestyle
45	46	13/over	50	Backstroke
47	48	Open	200	Butterfly
49	50	13/over	100	Breaststroke
51	52	13/over	50	Freestyle
53	54	Open	200	Backstroke
55	56	13/over	100	Butterfly
57	58	13/over	50	Breaststroke
59	60	13/over	200	Individual Medley

Entries close 9:00PM, Tuesday 8th August 2023 unless event reaches capacity earlier



## **Entry Information**



- 1. This meet will be conducted under the rules of SAL and SV.
- 2. Entry is restricted to registered swimmers, who must compete in their respective age group. Age is as of Sunday 13<sup>th</sup> August 2023.
- 3. All events will be swum as time trials.
- 4. This meet is a proposed qualifying meet, subject to swimming Victoria Approval. Your assistance with timekeeping may be required to ensure this is achieved.
- 5. Medals will be awarded to the first 3 place getters in age groups 8/under, 9/10, 11/12, 13/14 & 15/over in all age events.
- 6. Medals will be awarded to the first 3 place getters in all open events.
- 7. Multi Class athletes are encouraged to enter standard events
- 8. Entry fee is \$12.00 per event (includes \$1 SV event levy).
- 9. Entries close 9:00PM, Tuesday 8<sup>th</sup> August, 2023 or earlier if maximum limits are reached. No late entries will be accepted and no refunds will be provided.
- 10. All entries via Swim Central.
- 11. Start time for Session 2 will be 45 minutes after the end of session 1 and will be confirmed on the club website prior to the meet. Confirmation of the athlete roster will also be available at this time.
- 12. Meet Program will be available to download via the club website prior to the meet. Programs will not be available on the day.
- 13. Swimmers and spectators will have access to the grandstand seating area. And will be required to comply to any and all Covid directions or restrictions that may be in place.
- 14. Ringwood Swimming Club reserves the right to cancel or alter events according to entries.
- 15. Enquiries to: RSC Competitions Officer

comps@ringwoodswimmingclub.org.au